

Summer Term Menu



WEEK ONE

Monday	Choose from either...	Served with
	M Chicken Dippers E	Herby Dice Potatoes GDE
	V Veggie Nuggets DE	Dessert
JP Beef Bolognese GDE	Fruit & Yoghurt GE	
Tuesday	Choose from either...	Served with
	M Cod Fish Fingers DE	Potato Wedges GDE
	V Cheese & Broccoli Quiche	Dessert
JP Baked Beans GDE	Fruit & Yoghurt GE	
Wednesday	Choose from either...	Served with
	M Roast Pork with Gravy * GDE	Roast Potatoes GDE
	V Vegetable Strudel DE	Dessert
JP Tuna & Sweetcorn with Mayo GD	Fruit & Yoghurt GE	
Thursday	Choose from either...	Served with
	M Chicken & Butternut Curry GE	Rice GDE
	V Chickpea & Butternut Curry GE	Dessert
JP Sausages & Baked Beans * DE	Fruit & Yoghurt GE	
Friday	Choose from either...	Served with
	M Beef Bolognese GDE	Pasta Penne DE
	V Lentil Bolognese GDE	Dessert
JP Cheese GE	Fruit & Yoghurt GE	

WEEK TWO

Monday	Choose from either...	Served with
	M Sausages & Gravy * DE	Mash GDE
	V Veggie Sausages DE	Dessert
JP Cheese GE	Fruit & Yoghurt GE	
Tuesday	Choose from either...	Served with
	M Chilli Con Carne GDE	Rice GDE
	V Three Bean Chilli GDE	Dessert
JP Tuna & Sweetcorn with Mayo GD	Fruit & Yoghurt GE	
Wednesday	Choose from either...	Served with
	M Roast Ham & Gravy * GDE	Roast Potatoes GDE
	V Roast Quorn & Gravy GD	Dessert
JP Baked Beans GDE	Fruit & Yoghurt GE	
Thursday	Choose from either...	Served with
	M Mac 'n' Cheese E	Pasta Penne DE
	V Mac 'n' Cheese E	Dessert
JP Mild Vegetable Chilli GDE	Fruit & Yoghurt GE	
Friday	Choose from either...	Served with
	M Salmon Fish Fingers DE	Sauté Potatoes GDE
	V Cheese & Tomato Quiche	Dessert
JP Cheese GE	Fruit & Yoghurt GE	



WEEK THREE

Monday	Choose from either...	Served with
	M Baked Battered Cod E	Herby Dice Potatoes GDE
	V Sweet Potato Pinwheel DE	Dessert
JP Chilli Con Carne GDE	Fruit & Yoghurt GE	
Tuesday	Choose from either...	Served with
	M Pork Meatballs & Tomato Sauce * D	Pasta Penne DE
	V Veggie Balls & Tomato Sauce D	Dessert
JP Cheese GE	Fruit & Yoghurt GE	
Wednesday	Choose from either...	Served with
	M Roast Turkey & Gravy GDE	Roast Potatoes GDE
	V Veggie Sausages & Gravy DE	Dessert
JP Chicken Korma GE	Fruit & Yoghurt GE	
Thursday	Choose from either...	Served with
	M Chinese Chicken DE	Rice GDE
	V Chinese Quorn D	Dessert
JP Baked Beans GDE	Fruit & Yoghurt GE	
Friday	Choose from either...	Served with
	M Beef Burgers with Bap DE	Potato Wedges GDE
	V Veggie Burgers with Bap DE	Dessert
JP Tuna & Sweetcorn with Mayo GD	Fruit & Yoghurt GE	

Check the Schedule

- M** - Main
- V** - Vegetarian
- JP** - Jacket Potato

Sun	Mon	Tue	Wed	Thu	Fri	Sat
					1	
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30						

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30	31			

Sun	Mon	Tue	Wed	Thu	Fri	Sat
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	

Sun	Mon	Tue	Wed	Thu	Fri	Sat
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30	31					



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- D** - Dairy Free
- G** - Gluten Free
- E** - Egg Free
- * - Contains Pork

All meals are served with vegetables

Please note. We work from a nut free premises but some purchased items may contain traces of nuts

Allergies and Free-From Meals

On our menu, after each meal are some, or one, or no letters - either D, G or E. These refer to allergies that affect some children.

- D** - Signifies that a meal is Dairy Free
- G** - Signifies that a meal is Gluten Free
- E** - Signifies that a meal is Egg Free

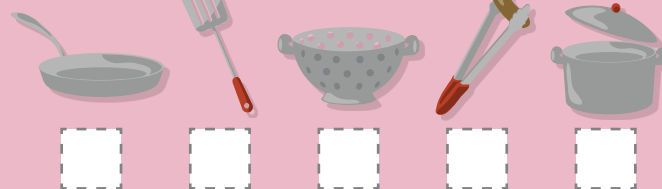
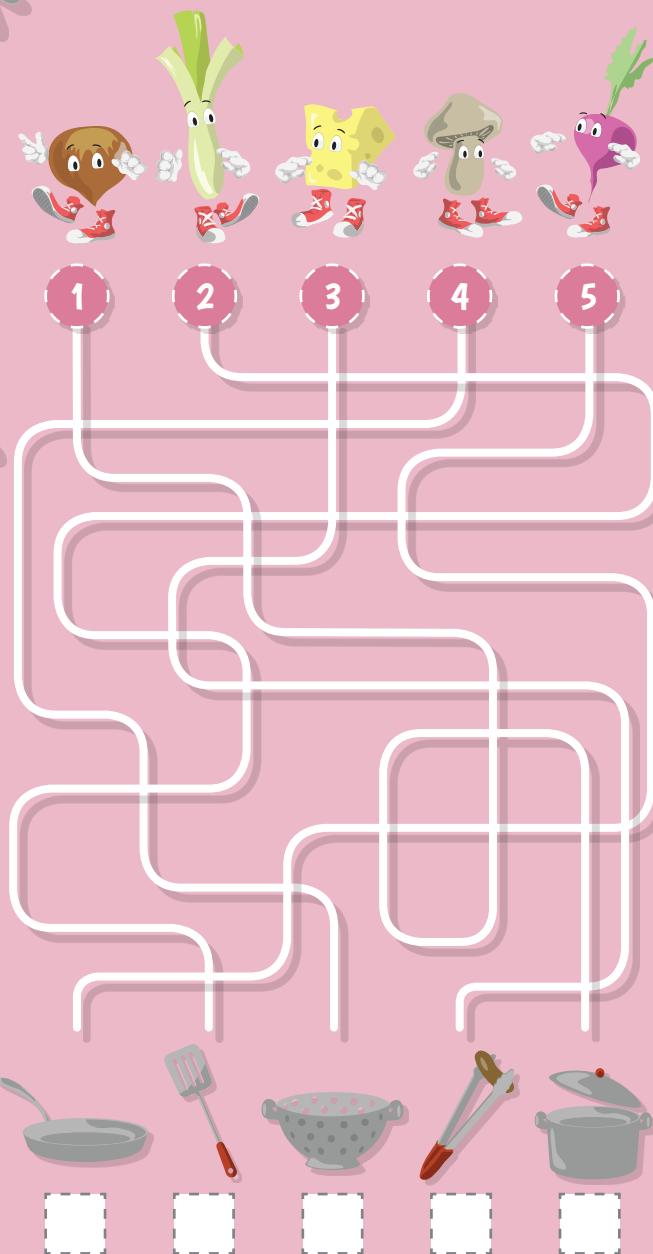
We have made sure that every day we have at least one option which is Dairy Free, one which is Gluten Free and one that is Egg Free. All our meals are Nut Free.

If your child has any of these special dietary requirements, please be sure to tick the box for the meal that suits your child each day.

Our seasonal menu is written using the School Food Plan guidelines and includes a variety of different protein sources, oily fish, two 50% fruit-based desserts a week and a meat-free day...

Check the Schedule overleaf

Tangled Up



Spot the Difference

CAN YOU FIND ALL 8?

